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### March 2019

This past Wednesday was Pink Shirt Day. It symbolizes that we are all working together to confront and eradicate bullying. At North Cavan P.S., we are committed to this effort on a daily basis. We teach our students important Character Attributes, such as empathy, honesty and integrity. The school yard is well supervised by adults in orange vests, easily visible to students. We use a restorative process to identify and work through any deeper issues that may arise. Teachers intentionally highlight students' strengths and support them in their academic, social and emotional growth. We seek to include all students in a variety of ways. Most importantly, we listen and take appropriate action.

In the recent board-wide School Climate Survey, 'Tell Them From Me', North Cavan P.S. students identified that they feel safe at school, comfortable talking with the adults in the building, and that we help them when issues may arise (well above the Canadian average). We continue to help our students learn the difference between conflict, that occurs incidentally, and bullying, which occurs over time. We continue to try to empower students to be problem solvers through the appropriate use of voice, giving them strategies they can use for life. One of the strategies we are using school wide is the 'Zones of Regulation'. The four Zones offer a way for students to identify their mood and feelings as well as how others are feeling. They can then choose appropriate strategies to regulate their emotions and behaviour and to make positive choices that will keep them calm, alert and ready to learn. Feel free to ask your child to describe the 'Zones' to you.

Please help us by encouraging your child to talk out their issues and, if they have difficulty, to seek out their teacher or visit us in the office where we will also strive to help them to problem solve and understand things.

Congratulations to the 3 North Cavan Basketball teams who competed in January at the area tournament. All three teams played very well and demonstrated some excellent basketball skills. The Girls' competitive team made it to the championship final game and came in second place after losing narrowly to Westmount P.S. Pretty awesome for a small school! Thank you to Mr. Hamel, Mrs. Moore (parent volunteer) and Mr. Woollacott for coaching the teams.

The Dance Troupes continue to practice with Ms. Mitchell-Agar, while Primary intramural handball has been providing fun at recess thanks to Mr. Heuvel, Mr. Woollacott and Mr. Hamel. The champion team takes on the staff 'dream team' this Wed., Mar. 6<sup>th</sup> at 2:40 p.m.

### HAVE YOU REGISTERED FOR SCHOOL CASH ONLINE?

#### **Here's how to Register Online:**

- Step 1 - go to: <https://kprdsb.schoolcashonline.com>
- Step 2 - Register by selecting the "Get Started Now" and follow the online steps.

### Grade 6 Guest Servers at Boston Pizza:

Our grade 6 students will be assisting at Boston Pizza one more time on the following date:



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Thursday, March 21<sup>st</sup> – at both Boston Pizza Locations

All of the grade 6 students assist the BP servers from 5:00 p.m. to 8:00 p.m. at both BP locations. When customers write North Cavan on the back of their receipt and deposit it in the Guest server bin 10% of their meal purchase returns to the Grade 6 class for their trip to Camp Kawartha in June.

**Please think about going out for supper to Boston Pizza on this date to support our kids.**

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### **The LOST & FOUND is growing:**

We have 1 full table of Lost & Found clothing near the front office. Please come in and have a look so you can get your children's clothes back home. Any leftover clothing will be bagged and donated locally at the end of school on Thursday, March 7<sup>th</sup>.



### **Skating & Skiing:**

Monday, March 4<sup>th</sup> is our ski trip for the Junior students. The primary students enjoyed another outdoor education experience called 'Think Outside' in February. Unfortunately our second skating day got cancelled due to bad weather. We did enjoy getting the kids on the ice in January, however. **Thank you** to all of the parents who volunteered to attend both the skating and skiing events and to our Grade 6 students who also helped.



### **Earth Hour Sat., March 30<sup>th</sup>, 2019:**

It's back! KPR encourages families to participate in Earth Hour once again on Saturday, March 30<sup>th</sup>, from 8:30-9:30 p.m. Participation is easy; just turn off your lights and electronics for the hour. Try playing a fun family game or sharing fun family stories together. It can be a great experience to discover what life was like during pioneer days!

### **Safe Arrival - (Absent/Late Student):**

When your child is going to be absent or late, please be sure to call the student absence reporting system at 1-844-434-8119 or go to <https://studentabsence.kprdsb.ca>

### **Kindergarten Registration:**

Kindergarten registration for the 2019 – 2020 school year is well underway. If your child will be four or five years old by December 31, 2019, they are eligible for Year 1 or Year 2 Kindergarten. Please contact the office to register your child and share this news with friends

and neighbours who have kindergarten aged children. So far we have 17 JK students registered for next year!

### **School Council:**

There will be no meeting for the month of March. The next North Cavan School Council meeting is on Wednesday, April 10<sup>th</sup>, at 6:00 p.m. in the library.

### **The 'Opt-In' Program:**

Last year our School Board started a new program to help schools that struggle to raise money. The 'Opt-In' program is a way that KPR schools can directly assist local students affected by poverty, by donating some of their school generated funds to other local KPR schools that don't have the same ability to fundraise.

Money will be used to help students participate in school trips or activities, provide warm coats or boots for winter, and support healthy nutrition programs. Our School Council recently discussed our School's ability to lend a hand and the School Council voted to support the Opt-In program with some of the extra revenue generated by our hot lunch program annually. A final decision on the amount of this year's donation will be made at our School Council meeting in April.

### **St John Ambulance Babysitting Course:**

The St. John Ambulance Babysitter course is an award winning course designed to teach babysitting, leadership and first aid skills in a fun and informative way.

One day classes: 8:30am – 3:30pm  
**March 8, 13, 14 or 15** (March Break)  
**Call (705) 745 - 0331 to register.**



### **Parents Make a Difference in success at school:**

Parents have an enormous impact upon children's success at school both academically and socially.

- Reinforce with your child that it is important that they do well in school and that they always try to do their best.
- Show an interest in your child's school life, check the planner regularly.
- Give your children praise when they try hard, not just when they do well.
- Tell them it is okay to make mistakes. That is how all of us learn sometimes.



- **Reading together is the single most important activity that you can do to boost your child's success. This could involve reading stories, comics, recipes, magazines or newspapers. After reading, talk about what you've read, and ask questions.**
- Ask your child what they did or learned at school or in a specific class and don't accept 'nuthin' for an answer.
- At supper have each child share something they did that day.

### **KPR's Multifaith Accommodation Guidelines:**

In Ontario we are very fortunate to have a rich diversity of people. We are recognized around the world as a place where people live and work together in a very peaceful and prosperous society. One aspect of our culture of inclusion and respect is that people will need religious accommodations.

Ontario Schools will accommodate requests based on Creed. Some school schedules and practises may need to be adapted for individuals to accommodate a variety of faiths.

For more information please review KPR's Multifaith Accommodation Guidelines at:  
[www.kprschools.ca/content/dam/kpr/documents/guidelinesonmultifaithaccommodations.pdf](http://www.kprschools.ca/content/dam/kpr/documents/guidelinesonmultifaithaccommodations.pdf)

KPR also produces an annual Equity, Diversity and Inclusion Calendar, which includes a number of observances and holy days.

If you would like to inquire about or request a religious accommodation, please contact your school's principal.

## **KPR Census**

KPR is engaging students and parents in a census so we can have the best information possible to better understand our students, their backgrounds, and their needs. This data will allow us to serve students better in our classrooms and schools, and to help principals and board staff make the best possible decisions about programming and resource allocation. Information went home with report cards on February 15<sup>th</sup> on an orange card. If you have not done so, would you kindly

take a few minutes to complete the survey for your child using the private code on the orange card. Thank you!



### **Character Education for March (Initiative):**

This month's character attribute is Initiative. Initiative is defined as the ability to assess and initiate things independently.

### **Important Upcoming Dates**

#### **March:**

- Mon., Mar. 4 Junior Ski Trip Gr. 4-6 (Brimacombe)
- Wed., Mar. 6 Pancake Day 1<sup>st</sup> recess
- Wed., Mar. 6 Dream Team Handball Game 2:40 p.m.
- Wed., Mar. 6 School Council Mtg. (Cancelled)
- Fri., Mar. 8-17 **March Break**
- Sat., Mar. 17 St. Patrick's Day
- Mon., Mar. 18 School Resumes
- Wed., Mar. 20 OPHEA Committee Mtg. (10:55 a.m., Library)
- Thurs., Mar. 21 Gr. 6 Boston Pizza Night (Both Locations 5:30-8:00 p.m.)
- Fri., Mar. 22 Paper Bag Princess Show (2:00, Gym)
- Fri., Mar. 29 Character Ed. Assembly and Rick Fines (Blues Music) Kick Off (9:30 a.m., Gym)
- Sat., Mar. 30 Earth Hour (8:30 p.m.-9:30 p.m.)

#### **April:**

- Thurs., Apr. 4 Grad., SK and Sibling Photo Day
- Thurs., Apr. 4 Rick Fines Presentation at 2:00 p.m.
- Fri., Apr. 5 P.A. Day (No School)
- Wed., Apr. 10 School Council Mtg. (6:00 p.m. Library)
- Fri., Apr. 19 Easter Good Friday Holiday
- Mon., Apr. 22 Easter Monday

#### **May:**

- Fri., May 10 Pedal for Hope (Cancer Fundraiser)
- Wed., May 15 School Council Mtg. (6:00 p.m. Library)
- Mon., May 20 Victoria Day Holiday – No School

