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## APRIL 2019

With the arrival of some warmer weather comes rain, mud, snow and lots of water. As well there will still be some cool days. Please dress your child appropriately for the temperature and conditions of the day. Boots for the mud and puddles are a great idea.

An extra pair of pants in your child's knapsack (regardless of grade) would be a great idea just in case they slip/fall in the wet grass and mud. This could save you a trip to school in the middle of the day.



April is a busy month again at NCPS. This week we have been enjoying having Rick Fines, a local Peterborough musician who has produced a number of CD's and has won national music awards. School Council has helped us fund having Rick come to our school. A local benefactor also donated funds to make this special opportunity possible. The kids are learning all about Blues music. They are learning about the history of blues, famous blues artists, what blues sounds like and even how to write their own blues music! On Thursday, April 4<sup>th</sup> they will be performing their music for their peers at an assembly in our gym.

Wednesday, April 10<sup>th</sup> is the International Day of Pink. Again we encourage our students to wear anything pink that day to show that we stand up to bullying and support being inclusive at our school! On the same day, Mr. Woollacott's grade 5/6 students will be participating in the Trent University Science Fair.

On Thursday, April 18<sup>th</sup> we will be hosting a special learning and fun event for our kids "Hopping for Health and Hope". This event idea was developed by our students and serves a dual purpose. It marks the conclusion of our April fundraiser to raise money for the construction of the new Toronto

Hospital for Sick Children. It is all about our kids helping kids and families who need our help. In addition, the event aligns with our school's student wellbeing focus. In an effort to be certified as an OPHEA 'Healthy School', we have increased our physical fitness focus for all grades and on April 18<sup>th</sup> the students will be in multi grade groupings for 100 minutes where they will learn about physical fitness, mental wellbeing/relaxation, personal safety, healthy eating and healthy alternatives to 'watching screens'. The Grade 5 and 6 students will act as leaders that day to assist the little ones and we will have staff and some special guests teaching the kids.

On April 24<sup>th</sup> we will be hosting our NCPS Spelling Bee. The students have been practicing their word lists at home and with Mr. Hamel. The top two winners will go on to compete in the Rotary Spelling Bee at Fleming College.

The Girls' and Boys' floor hockey teams and the gymnastics and dance teams are practicing hard to get ready for their upcoming tournaments near the end of the month. The kids are learning new skills

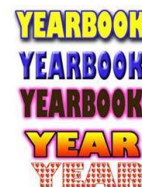
### Kindergarten Registration:

Kindergarten registration for 2019 – 2020 is ongoing. Please contact the office to register your child and please share this news with friends and neighbours who have kindergarten aged children.



### North Cavan 2018 – 2019 Yearbook

The N. C. Yearbook is a book for all students of all grades. It's not just a Grade 6 Graduation Yearbook, it's for everyone. Order forms will be sent home soon. If you would like to order a book please return the order form with the appropriate funds or you may pay online. If you pay online we will still require the completed paper order form for our tracking. Thank you.



### International Day of Pink

Wednesday, April 10<sup>th</sup> is International Day of Pink in support of BULLYING PREVENTION and INCLUSION. If we all do our part to treat people well, and be aware of the words and actions that we are using, we can help



reduce or maybe even eliminate bullying.

Let's all wear Pink on April 10<sup>th</sup> to show our support, but let's also make the Bullying Prevention message last for the other 364 days of the year!

# SickKids®

## Hopping for Health and Hope:

We will very soon be sending home a pledge sheet and information about our fundraiser to help build a new Hospital for Sick Children in Toronto. The idea for this fundraiser was started by two of our grade 5 students; Kaia E. and Olive N. The concept they had was about kids helping other kids. Our student lead OPHEA (Ontario Physical and Health Educator's Association) committee partnered with the two girls and now we look forward to the Hopping for Health and Hope event on Thursday, April 18<sup>th</sup>. Fundraising will end that day and there will be prizes for the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> highest individual fundraisers. In addition, the top two fundraising classes will get a special reward that the class can share (Movie, Pizza and a Treat). We plan to engage some of our community partners too such as the Health Unit, the Police and paramedics.

We hope our families will support this important fundraiser that can benefit any one of children some day and we hope our kids will have fun learning about their own health and things they can do to be healthier and safer each day!

## Upcoming Events & Activities:

### Grad Photos, Sibling Photos:

Grade 6 graduation and SK composite photos will be taken on: **Tuesday, April 16<sup>th</sup>**

If you wish to have pictures taken of all of your children together please return the sibling order form that was recently sent home. A gown and photo accessories are provided by the photographer, however you can have your child wear a white collared dress shirt and necktie should you wish.



## Separate Envelopes or Baggies for all School Money Please:

School Cash Online is our preferred method of payment whenever possible as it is fast, safe and accurate. When you do have to send cash to school, please put order forms and the necessary money for fundraisers, school trips etc.) into separate envelopes or baggies. Please label it with your child's name, teacher and the purpose. This will help us ensure that nothing gets missed, mixed up or lost. Thank you for your assistance with this request.



## Volunteers are Needed for the School Breakfast Program:

Volunteers are badly needed to help this year and next year for our school breakfast program. Without volunteers, the program will not be able to run. If you, or someone you know like a grandparent, aunt or uncle could volunteer once a week or once every couple of weeks, it could make a big difference. We hope to get some help.

## Door Bell Entry System:

For school safety we lock the school doors at 9:00 a.m. each day and then unlock them at the end of the day at about 3:35 p.m. We have a door bell system at our school and, unfortunately, we cannot release the front door until the person coming in pushes the button to activate the door bell system. If you are at the front door, kindly push the button on the door bell to the left of our front doors and Ms. Nolan or Mr. Twiss will gladly let you in! All visitors are required to report to the office upon arrival please. Thank you.

## THANK YOU VOLUNTEERS, THANK YOU:

We are very lucky at North Cavan to have such a strong volunteer base. **Thank you** to all of our volunteers who help with such things as: driving to events, School Council, Breakfast Club, joining us on class trips, assisting at school lunch events, school drama events, playground clean-up work, classroom helpers and many other activities. All of the volunteers help to make North Cavan such an awesome place to learn and be part of a community of caring. *All of the North Cavan Volunteers are invited to a **'Volunteer Tea' on Thursday May 23<sup>rd</sup> from 1:15 p.m. to 2:00 p.m. in the school Gym.** Some of our talented performers will entertain our volunteers that day as well!*

**Those who can do...Those who can do more volunteer.**

## School Council:

The next North Cavan School Council meeting is on Wednesday, April 10<sup>th</sup> at 6:00 p.m. in the school library. All parents are welcome always. Thank you to our School Council for funding Rick Fines at our school to teach our kids so much about the genre of Blues music!

### **Good Character Makes a Difference:**

This month's character trait is **Perseverance**. **PERSEVERANCE IS THE WILLINGNESS OR ABILITY TO STICK TO SOMETHING UNTIL IT'S COMPLETED.**

***"Be like a postage stamp and stick to something until you get there!"***

At North Cavan we try to build good character in children by encouraging students to be **responsible, respectful, honest and hard working at home, at school and in the community.**

### **It's Time to Update Your Child's Immunization Records!**

By law, all students need to have an up-to-date immunization record on file at the health unit for:

- Tetanus, Diphtheria, Polio, and Pertussis;
- Measles, Mumps, and Rubella;
- Meningococcal disease
- Children born in 2010 or later also need two-doses of a Chickenpox (Varicella) containing vaccine.

If your child will not be getting these vaccines, you will need to give public health a valid exemption (medical or affidavit). If public health does not have an updated record for your child, they could be temporarily suspended from school. Follow these steps to help us, help you protect your child:

- Check your child's yellow immunization card;
- Contact your health care provider to obtain records, or to get missing vaccinations;
- Share the complete record with public health in your area.

For more information, please contact public health in your area:  
Peterborough – Peterborough Public Health – 705-743-1000.



### **The Spelling Bee:**

The spelling bee will be on Wed., April 24<sup>th</sup> starting at 9:30 a.m.

### **Important Upcoming Dates:**

#### **April:**

Mon., Apr. 4 -2:00 p.m. Rick Fines Blues Assembly  
Wed., Apr. 5 -P.A. Day – No School for Children  
Thur., Apr. 8-9 -Dental Screening for JK/SK & Gr. 2 only (with parent consent)



### **Free Dental Program for Children:**

Eligible children can receive Free Dental care through the Healthy Smiles Ontario Program. To find out more visit [ontario.ca/healthysmiles](http://ontario.ca/healthysmiles)

- Wed., Apr. 10 -International Day of Pink (Wear Something Pink to School)  
-School Council Mtg. (6:00 p.m. Library)
- Tue., Apr. 16 -Grad. And S.K. Photo Day
- Thurs., Apr. 18 -Hopping for Health and Hope (Hospital for Sick Children Funds are Due)
- Wed., Apr. 24 -NCPS Spelling Bee (9:30 a.m., Gym)
- Thu., Apr. 25 -Gymnastics and Dance Competition (Wellness Centre)  
-Boys' Floor Hockey (Roger Neilson P.S.)
- Fri., Apr. 26 -Girls' Floor Hockey (Roger Neilson P.S.)
- Tue., Apr.30 -9:30 a.m. Character Ed. Assembly (Perseverance)

### **Floor Hockey!**



### **Gymnastics and Dance!**



**HAPPY EASTER!!**