



North Cavan Public School
2001 County Road #10
Cavan, ON L0A 1C0

<http://northcavan.kprdsb.ca>

School office: 705-944-5366 School Fax: 705-944-4013



Principal:	Martin Twiss	martin_twiss@kprdsb.ca
Superintendent:	Peter Mangold	peter_mangold@kprdsb.ca
Trustee:	Angela Lloyd	angela_lloyd@kprdsb.ca
School Council Chair:	Mary Benson	marysemples863@hotmail.com

October 2019



Principal's Message

Thank you to everyone who came out for our Open House night in September. It was a nice opportunity to get to know many of our new families and to reconnect with returning families too. We are all fortunate to be part of such a positive and friendly community. Thank you to our School Council for organizing the pizza and to Kaia E., Adelaide C., Hannah S. and their grade 6 friends for organizing the bake sale! They earned over \$680.00 for their Camp Kawartha trip. Thank you to all the parents/grandparents who generously donated to the bake sale as well!

On September 26th, the entire North Cavan school population took part in the 39th annual Terry Fox Run. Many of the older students ran 6 – 7 laps of the school perimeter. As well, many of our older students helped the younger ones run/jog/walk a couple of laps. Our total amount of money raised for cancer research, support and treatment was \$2,128.50. ***Thank you for your generous help!*** A special thank you also to the volunteers who cooked up some fresh apple crisp for the students to enjoy at the end of their run. They love this annual tradition as do the staff!

During the recent P.A. Day the staff worked hard developing our School Improvement Plan for this year.

For a Mathematics focus we will be answering multi-step problems with all of our students. Our fall goal will be helping them better understand concepts of magnitude. We will be renewing our focus on literacy again this year by adding new book resources to help teach our Kindergarten, Grade 1 and Grade 2 students how to read. We will continue to use our Zones of Regulation training (Self-regulation development) with all students and plan to apply for Ontario Healthy Schools Certification again this year with a new focus that will be selected by our student committee. Last year we focused on Physical Activity and were one of only six schools in KPR to achieve Healthy School certification. In fact, we were one of only two schools to reach 'Gold Level' certification from OPHEA (The Ontario Physical and Health Educator's Association). With the help of the kids and staff, we are going to strive to do it again!

Happy Thanksgiving!

Sincerely,
Mr. Twiss
Principal

NUT FREE North Cavan

North Cavan is a NUT FREE SCHOOL. We have several students with nut allergies at North Cavan. Please read all labels carefully and remove any foods that 'may contain' or may have come in contact with nuts so everyone can be safe.



North Cavan School Council 2019 - 2020

The 2019 – 2020 North Cavan School Council was formed at the last School Council meeting as follows:



Council Chair:	Mary Benson
Secretary:	Becky Waldman
Treasurer:	Jennifer Dreossi
Nutrition Coordinator:	Christina Easterling



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School Council Chair: Mary Benson marysemple863@hotmail.com

Teacher Representative: Rotating (all teachers & ECE's)
Fundraising Coordinator: Amanda Davis

Thank you to our *New 2019-2020 School Council*. All North Cavan P.S. parents are welcome to attend any Council meeting to listen in, ask questions or become involved as an active member of the Council. The next meeting is **Wednesday, October 10th at 6:00 p.m.** in the school library. Babysitting will be provided in the gym. We try to finish the meetings by 8:00 p.m.

EQAO Results 2018-2019

Once again, our school performed very well in the Grade 3 and Grade 6 EQAO assessments done in May. Each year our Grade 3 and Grade 6 students write provincial tests that measure their understanding of the Ontario curriculum. They are tested in reading, writing and mathematics. Our scores were well above both the Board and Provincial averages:

Grade 3

Reading – 89% at or above provincial standard
 Writing – 94% at or above provincial standard
 Mathematics – 83% at or above provincial standard

Grade 6

Reading – 100% at or above provincial standard
 Writing – 100% at or above provincial standard
 Mathematics – 75% at or above provincial standard

For a more detailed review of our school results over time compared with our Board and Province, please see the charts attached to this newsletter (one for each grade tested).

Hot Lunches

This year, we are continuing our hot lunch program. We use an organization called *Lunch Box* that provides lunches from local vendors and allows parents to place orders for their kids on-line using their credit card. Orders have to be placed by 12:00 noon each Sunday for the following week but they can be booked ahead.



To place an order for your child(ren) simply go to:
www.lunchboxorders.com

Phone Messages and e-mails

There have been two phone messages sent out since the beginning of the year from the school. If you are not receiving the automatic phone message and would like to, please contact Ms. Nolan at the office. We will also be using e-mails and text messages to send out mass messages for those who give us permission to send items to their email account and phone.



Sports

The Junior mixed soccer teams took part in a tournament at Beavermead Park on September 24th. This year, we again took two teams and nearly every junior student participated. The teams played well and had lots of fun. The recreational team won all their games but one which they tied. Thank you to the parents who attended and cheered our students on. Thanks also to Mr. Hamel and Mr. Woollacott for their coaching, supervision and cheerleading.



The Cross Country teams trained hard for their competition on October 2nd at Nicholl's Oval. Now for KPREEA! Go Cougars Go!



School Pictures and Photo Re-take Day

School photo orders are due back to the school on **Tuesday, October 8th**. Edge Imaging Photography will be at North Cavan on **Tuesday, October 22nd** to do photo re-takes. Re-takes will be done in the morning. Please return the proofs with your child if you are requesting a re-take. Grade 6 and SK Grad photos will be taken in the spring.





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Q.S.P. Magazine Sales School Fundraiser

Unfortunately Q.S.P., who previously sold the magazines for our fall fundraiser, is no longer in business. We, therefore, will not be selling magazines and cookie dough this year. Our School Council is planning alternative fundraising activities to make up for this change.

Safe School Initiatives

All parents are asked to please check in at the office when you visit the school. If you are picking your child up early please come into the school and sign them out at the office. If your child is being picked up at the end of the day instead of riding the bus, please come into the school and wait at the front doors. Please sign the 'Students Not Taking the Bus Home' form located on the wall beside the office door (closest to the outside window). We don't wish to have children walking through the parking lot without an adult, please, for safety reasons.

Safety Drills

We have now completed 3 Fire Drills with our staff and students to help everyone be better prepared in case of an emergency. The Fire Department joined us for our third Fire Drill and were pleased that the school could be completely evacuated and accounted for within approximately 2 minutes. The Peterborough Police Service will be joining us on Oct. 8th for our first of two Lockdown Drills planned for the year.

Absent Child

When your child is going to be absent or late, please be sure to call the new student absence reporting system at 1-844-434-8119 or go to studentabsence.kprdsb.ca

Door Bell System

We have a door bell system at our school and, unfortunately, we cannot release the front door until the person coming in pushes the button to activate the door bell system. If you are at the front door, kindly push the blue button on the door bell to the left of our front doors and Ms. Nolan or Mr. Twiss will gladly let you in! The door to the left is the only one which unlocks. Thank you.

Contact Phone Numbers

If your contact number has changed please let Ms. Nolan know at the office so that we have the most up to date information.

Criminal Record Checks

As per KPR policy all volunteers must have a current criminal record check on file at the school before working with any students. This includes School Council, Breakfast Club and all school trips. You can pick up the necessary paper work from the office then take it to the Peterborough Police Headquarters on Water St. The charge for a police check this year is \$10.00 with a letter from the school. You will also need two pieces of government identification and proof of address. It can take approximately 2 weeks to complete.



Cell Phones at School

There should not be any need for students to have cell phones while at school. However, if they require one for after school, the phone should stay in the nap sack out of sight for the entire day including on bus trips. Students are not to take pictures of other students at school please for safety and privacy reasons.



Technology at School

Students should not be bringing ipods or gaming devices to use at school UNLESS their teacher has requested or approved of it being at school. Music devices on the bus with 'ear buds' are acceptable to make the trip easier. The school provides ipads and computers when students need them for their learning at school.



Breakfast Club News

Our Breakfast Club program, started this week and the students were certainly glad to see the breakfast volunteers back! Thank you so much to all the returning and brand new volunteers. We couldn't run the program five days a





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week without you! **We still need help, however, even if you can only volunteer once in a while it would help a lot.** Please let the office know if you can volunteer.

Every child at North Cavan is able to start their day off with a snack in their class which includes at least 3 of the 4 food groups. For example, they can eat crackers, celery sticks, apple slices and cheese cubes. This is a typical daily 'menu'. We encourage you to ask your child what they had for breakfast club. Studies show that when children attend school well-nourished it improves their ability to learn which gives them the best chance to be successful. By the time many of your children reach their desk and are expected to focus on their studies, it has been a while since they've eaten. This snack provides them with the nutrition they need to perform well in class.

EVERYTHING WE SERVE IS NUT-FREE



Happy Thanksgiving!



Education Quality and Accountability Office



School Report



Assessments of Reading, Writing and Mathematics
Primary Division (Grades 1–3) and Junior Division (Grades 4–6), 2018–2019

School: North Cavan PS (403334)

Board: Kawartha Pine Ridge DSB (66079)

On behalf of EQAO, I am pleased to share the results of the 2018–2019 Assessments of Reading, Writing and Mathematics for the primary (Grades 1–3) and junior (Grades 4–6) divisions. You will also find data from previous years along with demographic and attitudinal information as context for interpreting the achievement results.

EQAO’s independent data are grounded in our assessment of every student in relation to *Ontario Curriculum* learning expectations and are provided at the school, board, provincial and individual student levels to inform educators’ professional practice. We believe that, through evidence-informed decisions based on achievement, attitudinal, contextual and behavioural data, it is possible to foster equitable and inclusive learning models benefiting each student.

Analyzing EQAO data over the years provides a larger context that acknowledges special circumstances affecting student achievement. For example, school boards have been investigating the impact student attendance and loss of instructional time has on student achievement; when looking at the most recent data, you may wish to identify any potential relationship between lost time and student achievement.

In August 2018, educators received *Focusing on the Fundamentals of Math: A Teacher’s Guide*. Based on that guide’s expectations, EQAO analyzed how students have performed for the last three years and published findings in a [research report](#). You may likewise wish to consider how students are performing relative to the categories of the achievement chart and the identified fundamental math skills.

In 2018, EQAO made changes to its accommodation policies, including eliminating the requirement for an IEP to access accommodations students normally receive during regular classroom instruction. An important reason for this change was to reduce the workload related to EQAO assessments for teachers, administrators, and parents and guardians while maintaining the integrity and comparability of our data. After considering all of our assessment administration, we noted that 13 000 fewer IEPs were indicated in our Student Data Collection in 2018 than in 2017. The agency hopes to continue implementing meaningful changes in the years to come to address the concerns of the education community.

As always, we look forward to continuing our work with you in support of student learning, and we thank you for your dedication to the meaningful education of each child and youth of this province.

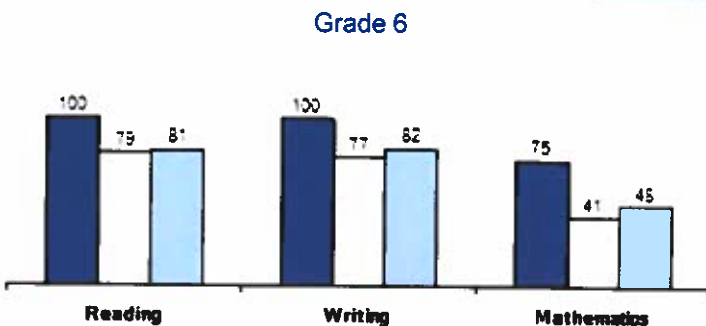
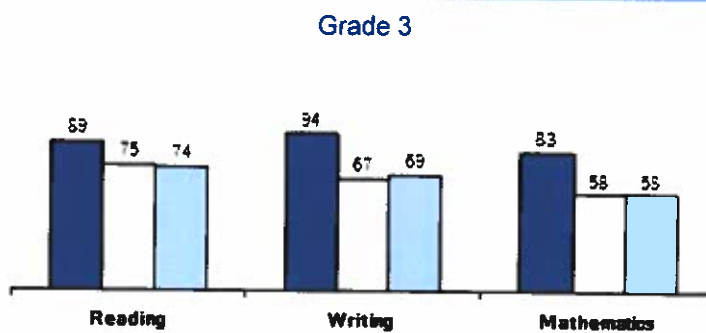
Kind Regards,

Norah Marsh
Chief Executive Officer
Education Quality and Accountability Office

WHERE TO FIND...

WHERE TO FIND...	PAGE	
	Grade 3	Grade 6
Percentages of all students at or above the provincial standard:		
• 2018–2019	1	1
• Over time	2	3
Tips for using this report	4	4
Contextual information: 2018–2019	5	9
Results for groups of students: 2018–2019		
• All students	6	10
• Participating students	7	11
• Students by gender	8	12
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Results for all students: Over time	14	18
Results for all students: Over time by gender	21	22
Student questionnaire results	23	30
Explanation of terms	37	37

PERCENTAGE OF ALL STUDENTS AT OR ABOVE THE PROVINCIAL STANDARD (LEVELS 3 AND 4), 2018–2019

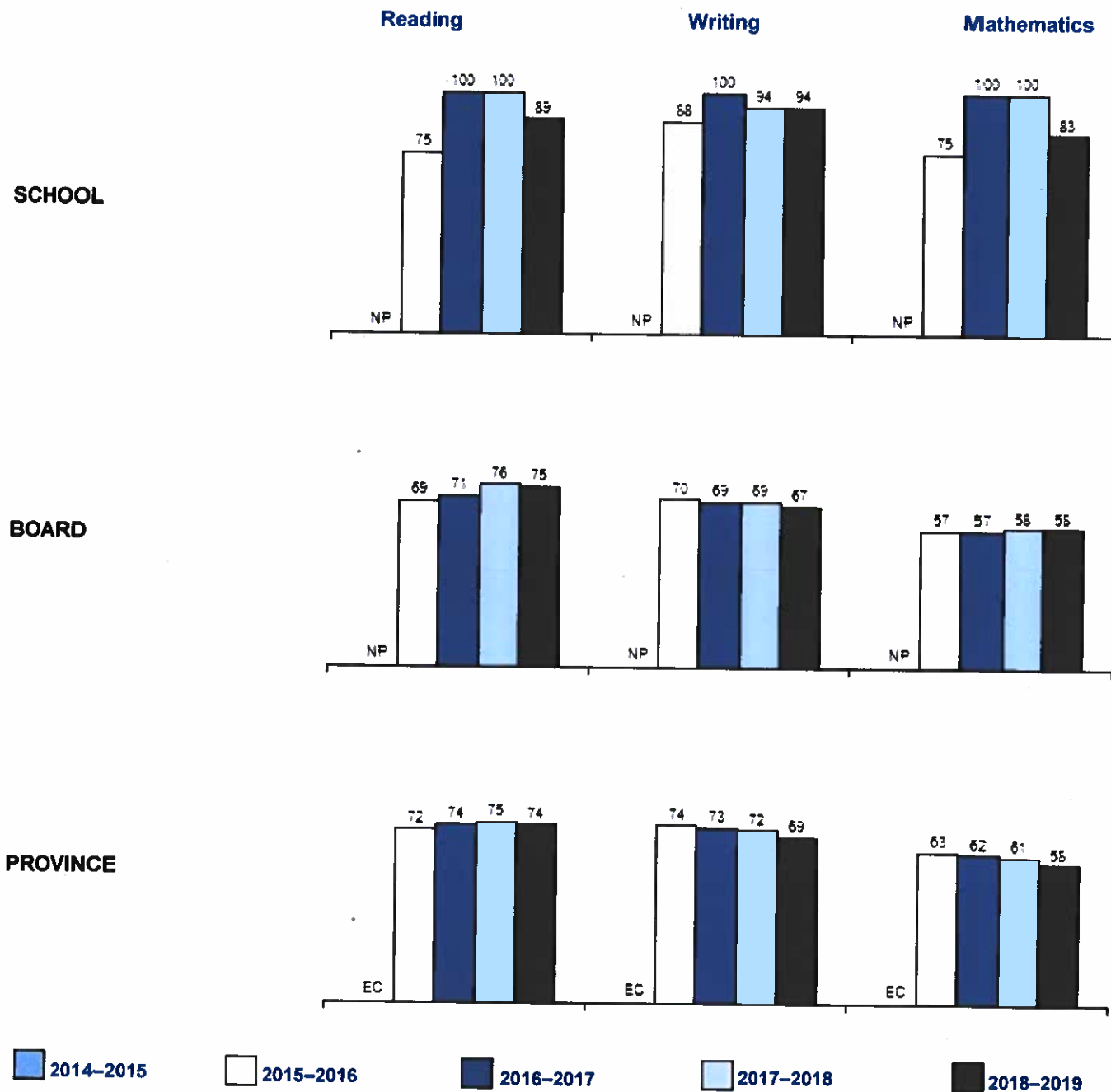


■ School □ Board □ Province

Assessments of Reading, Writing and Mathematics, 2018–2019

RESULTS FOR ALL STUDENTS AT OR ABOVE THE PROVINCIAL STANDARD (LEVELS 3 AND 4) OVER TIME

PERCENTAGE OF STUDENTS: Grade 3

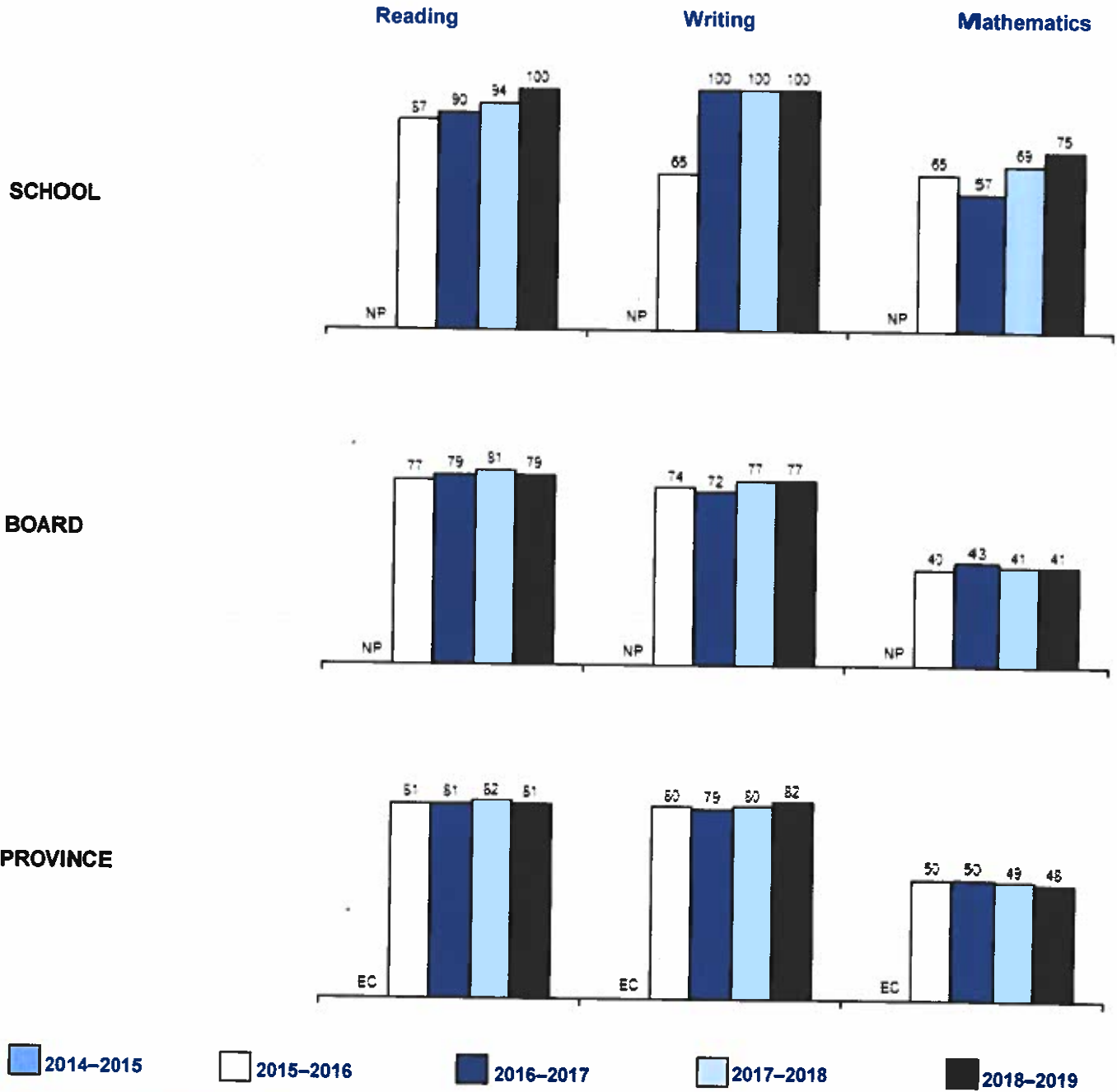


Total Number of Grade 3 Students

	<u>2014–2015</u>	<u>2015–2016</u>	<u>2016–2017</u>	<u>2017–2018</u>	<u>2018–2019</u>
School	NP	16	15	18	18
Board	NP	2 188	2 315	2 333	2 292
Province	EC	125 484	132 992	132 656	131 544

RESULTS FOR ALL STUDENTS AT OR ABOVE THE PROVINCIAL STANDARD (LEVELS 3 AND 4) OVER TIME

PERCENTAGE OF STUDENTS: Grade 6



Total Number of Grade 6 Students

	<u>2014-2015</u>	<u>2015-2016</u>	<u>2016-2017</u>	<u>2017-2018</u>	<u>2018-2019</u>
School	NP	23	21	16	14
Board	NP	2 213	2 185	2 225	2 340
Province	EC	123 685	130 775	132 766	136 124

We are trying to reduce the use of single-use plastics at our school.

We are asking families to consider packing lunches with less plastic packaging.

Here are some ideas to munch on...

Move to using more of ...

- Lunch carriers that have built in compartments for snacks. (Check out the "Bento Box" lunch containers at Costco)
- **Reusable** containers (Tupperware, Rubbermaid)
- **Reusable** drink bottle or thermos
- **Cloth napkin** to wash and re-use
- **Silverware** to wash and re-use

Move to using less of ...

- Paper or plastic bags
- Plastic wrap, foil, wax, or Styrofoam
- Single use plastic bottles or juice boxes
- Paper napkins
- Plastic forks and spoons
- Overly packaged or processed snacks

Why Pack a Litter-Less Lunch?

It reduces packaging waste.
It's cheaper.
It's healthier.



Last year we began a recycling program that collects all the used markers, pens, and twistable crayons in the school. Please send in any used writing implements from your home with your child to be recycled.

TOWNSHIP OF
CAVAN MONAGHAN



Have it all. Right here.

**Fire Department Kick-off Event
Sunday, October 6, 2019**

Cavan Monaghan Township Office
988 County Road 10, Millbrook

BBQ lunch

11:00 a.m. - 2:00 p.m.

Kids Junior Firefighter Challenge

11:00 a.m.–12:30 p.m.

Grease Fire Demonstration

1:00 p.m.–1:30 p.m.

For more information contact:
Eydie Vandenberg, Fire Prevention Officer
705-932-2765

**“Not Every Hero Wears a Cape.
Plan and Practice Your Escape.”™**

FIRE PREVENTION WEEK™ | OCTOBER 6-12, 2019

Be A Hero In Your Home

Do you want to stay Home Alone?



Home Alone & Stranger Safety

"A new way to learn!"
A fun and interactive course for youth aged 8-11 years of age

<u>Lindsay</u>	Sat, Oct 26th, 2019	10:30am-4:15pm
<u>Bowmanville</u>	Sat, Nov 2nd, 2019	10am-4pm
<u>Peterborough</u>	Sat, Nov 9th, 2019	10am-4pm
<u>Courtice</u>	Fri, Nov 22nd, 2019	9am-3pm PA DAY- All Schools
<u>Cobourg</u>	Fri, Nov 22nd, 2019	9am-3pm PA DAY- All Schools

Space is Limited-You must Pre-Register-Choose 1 Date

THE ONLY FULL DAY, FULL FUN and EFFECTIVE HOME ALONE COURSE available!

Courses are taught by Certified Instructors. Students learn, and will be able to demonstrate;

Communication skills to support family safety

Honesty, limitations, your Home Safe route and Home Alone agreement

Prevention techniques to avoid dangerous situations

Household fires and accidents, injuries, stranger dangers and street smarts

Safety skills by interactive training, hands on practice and coaching

Identify strangers and risks, door, phone and kitchen safety & beginner First Aid

Responsibility and building maturity to stay Home Alone

Home Safe messages, Home Alone productivity, house rules and schedule

Confidence to handle unexpected dangers or emergencies

With strangers and situations, how to call 911, the power of NO and keeping self SAFE!

Register Online: www.varisafe.ca

Email us: info@varisafe.ca



Upon registration, you will receive a confirmation email including all course details such as: course location & directions, what to bring and how to make payment the morning of the course. Course cost: \$53.10 plus HST

Participants will receive a **Certificate of Completion** and **Guide Book** including **First Aid, Home Alone Safety & Stranger Safety.**



2019 PARENT CONFERENCE

The Risk-Taker's Advantage:

How to Make Kids More Resilient by Not Bubblewrapping Them

Saturday, October 19 • 9:00 a.m. – 11:30 a.m.

Port Hope High School • 130 Highland Dr., Port Hope



Featuring:

Dr. Michael Ungar

World renowned researcher
and expert on resilience in
children and youth

**Plus displays by community agencies, refreshments,
child minding for ages 2 & up – all free!**

Register by October 11 at kprschoools.ca

Questions? 1-877-741-4577, ext. 2001



October 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Day 5 Dance Troupe 8 a.m. Gr. 3 & 4 Lunch Box Lunches	2 Day 1 Dance Troupe 8 a.m. Gr. 5 & 6 Cross-country at Nichol's Oval	3 Day 2 Dance Troupe 8 a.m. Lyrical Gr. 5 & 6 Lunch Box Lunches Health Unit SK-vision Screening	4 Day 3	5
6	7 Day 4 Fitness Club 3:35 – 4:45 p.m.	8 Day 5 Dance Troupe 8 a.m. Gr. 3 & 4 Photo Orders Due Lunch Box Lunches	9 Day 1 Dance Troupe 8 a.m. Gr. 5 & 6 Dental Screening JK/SK & Gr. 2 School Council Meeting 6:00 p.m.- Library	10 Day 2 Dance Troupe 8 a.m. Lyrical Gr. 5 & 6 KPREA Cross- country meet Lunch Box Lunches	11 Day 3	12
13	14 Thanksgiving Holiday	15 Day 4 Dance Troupe 8 a.m. Gr. 3 & 4 Lunch Box Lunches	16 Day 5 Dance Troupe 8 a.m. Gr. 5 & 6	17 Day 1 Dance Troupe 8 a.m. Lyrical Gr. 5 & 6 Lunch Box Lunches	18 Day 2	19 KPR Parent Conference at Port Hope H.S. at 9:00 a.m.
20	21 Day 3 Fitness Club 3:35 – 4:45 p.m.	22 Day 4 Dance Troupe 8 a.m. Gr. 3 & 4 Lunch Box Lunches Re-take Photo Day	23 Day 5 Dance Troupe 8 a.m. Gr. 5 & 6	24 Day 1 Dance Troupe 8 a.m. Lyrical Gr. 5 & 6 Lunch Box Lunches NCPS night at the Pete's game 7:00 p.m.	25 Day 2	26
27	28 Day 3 Fitness Club 3:35 – 4:45 p.m.	29 Day 4 Dance Troupe 8 a.m. Gr. 3 & 4 Lunch Box Lunches	30 Day 5	31 Day 1 Dance Troupe 8 a.m. Lyrical Gr. 5 & 6 Character Education Assembly, 9:30 am Halloween 