

North Cavan Public School
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Superintendent:	Peter Mangold	peter_mangold@kprdsb.ca
Trustee:	Angela Lloyd	angela_lloyd@kprdsb.ca
School Council Chair:	Mary Benson	marysemple863@hotmail.com

January 2020

Principal's Message:

Welcome back everyone. I hope all of you had a fun holiday with your family. The December holiday is always busy for parents, but hopefully you had a change, if not a rest!

Last month we enjoyed seeing our families at the holiday concerts and we thank the staff and students for putting on such a fun show. We also need to thank our breakfast program, School Council and St. John's Church (Ida) volunteers for organizing and preparing the wonderful turkey dinner we had before the holidays. We also want to thank our families for generously donating food items and toys. These were gratefully received by Millbrook Food Share and by our local Legion. Thank you everyone!



In December, Mr. Heuvel helped us borrow the huge floor map of Canada you see in the picture. Our students had fun walking all over Canada to find important Geographic places and environmental treasures unique to our beautiful country.

On Wednesday last week both our Superintendent (Mr. Mangold) and the Director of Education (Dr. LeClerc) spent the morning touring our school and hearing first hand from the kids and staff about all the interesting things they are learning at school. A highlight for our director was making a video with Adelaide C. (Gr. 6) and Dylan D. (Gr. 5) who are

this year's co-chairs of our OPHEA Committee. OPHEA stands for the Ontario Physical and Health Educators' Association. Last year our school applied for and met the criteria for gold certification as an official 'OPHEA Healthy School'. Six schools in our board obtained healthy school certification last year and only two obtained gold certification. The Director's video will highlight this success so it can be shared with staff at all KPR schools. In the video, Adelaide and Dylan talk about the work of the committee last year and the goals for this year. They mention how we worked with community partners such as the Petes and Peterborough Public Health. Highlights included that last year we raised over \$6,000.00 for the Hospital for Sick Children and how this year Public Health gave us \$1,500.00 to help support the work of this year's OPHEA committee at the school. Dr. LeClerc said she plans to tweet the video to staff across the KPR system once it is ready.

Unfortunately ETFO (the Elementary Teachers' Federation of Ontario) and the Ontario Government have not yet finalized a new contract for our elementary teachers. The teachers as, directed by their union, have been following gradual work to rule to try and minimize impact on students. Last week the work to rule expectations changed and teachers are no longer permitted to take students on Field Trips off the school property. They are also not permitted to organize assemblies although they can attend an assembly to supervise their students. What this means for us at NCPS is that we will not be able to participate in the skating trips or the ski trip that we had planned. We also will not be able to have our Character Education assemblies or attend the basketball tournament unless things change. The fitness club and dance troupes will also have to be put on hold for the time being. If the union and the government reach an agreement, we will consider if we can rebook some of the trips that were missed, but it will depend on timing and venue availability.

In the meantime, we do have some fun things planned for our students this month. On Wednesday, January 15th at 2:00 p.m. we have a show in the Gym for JK-Gr. 4 called 'The Berenstain Bears'. On Wednesday, January 22nd, all students JK-Gr. 6 will enjoy an 'Outdoor Education' opportunity in our own school yard with Nancy Thompson a local outdoor educator. If there is enough snow, they will get to try using

snow shoes! On January 29th Janet Hughes will be coming with her special service dog to teach about kindness and empathy caring for animals as well as for each other. All classes will have a visit from Janet. In addition, Mr. Woollacott is planning to run a house league (in-school) basketball tournament so the kids still get to play. Mr. Heuvel hopes to do the same with Handball after that. The Grade 6 students will go ahead with being guest servers at Boston Pizza on January 22nd from 5:30 to 8:00 p.m. to raise money for their Camp Kawartha Trip which we hope will go ahead by then. If you are thinking about taking the family out for a meal, we encourage you to consider Boston Pizza that evening. All you have to do is sign your receipt NCPS and put it in the plastic bin at the restaurant and 10% comes back to the school.

The kids love the snow so hopefully we will get some more for them to enjoy! I wish everyone health and peace in 2020. Happy New Year!

Best regards,

Mr. Twiss

No Nuts Please: Please remember that we have students at North Cavan who have severe nut allergies. Please do not send any foods containing nuts or nut products to school.



Winter Weather: Extreme cold: KPR policy is for children to stay inside when it 'feels like' temperatures reach -26 C with wind chill. Given the wide open terrain surrounding the school we usually consider -20 C as the 'too cold' point (depending upon the wind). Please remember to send your child with appropriate warm clothing including boots, hat, mitts and snow-pants. A second pair of mitts is a good idea since the first pair are often wet after first recess. **Snowball throwing and kicking snow at others is not permitted at North Cavan for safety reasons. Students caught throwing snowballs will lose privileges such as recess.**



Kindergarten Registration for 2020 - 2021

2020-21 Kindergarten registration has begun. If your child will be four years old by December 31, 2020 they are eligible for Year 1 Kindergarten. If they are five years old by December 31, 2020 they are eligible for Year 2 Kindergarten. Please contact our secretary in the office to register your child and share this news with friends and neighbours who have kindergarten aged children. It is important to get everyone registered now as it can help our staffing in March.



School Council News:

The next North Cavan School Council meeting is on **Wednesday, February, 12th starting at 6:00 p.m. in the Library.** School Council and our OPHEA Committee are now planning a school wide Dance-A-Thon for February 14th (Valentine's Day). This will be an important fundraiser for our

school as well as for the Kids Help Phone Line which the OPHEA Committee will be supporting this year since their priority health topic is Mental Health. This will be a powerful partnership and the kids will have some fun in February.

Inclement Weather: As winter weather continues, the possibility of 'snow days' exist. If you suspect a snow day or bus cancellations please listen to any of the local radio stations for updates.



Decisions are usually made by 6:00 a.m. If your child's bus is cancelled in the morning, it will **NOT** run in the afternoon. Also please check www.stsco.ca and click on the small yellow bus.

Think Outside:

On Wednesday, January 22nd Nancy Thompson, a local outdoor educator, will visit our school. She will spend time outside with all of our students (JK-Gr.6). If there is snow on the ground she will bring along a class set of snowshoes that we can use to travel around the schoolyard and play games. If there is no snow she will still spend the day outside with all classes exploring the natural areas of our yard.

You can visit her website at:

<http://www.thinkoutside.life/>



Volley-Ball:

Our volleyball teams did well and had fun competing at the tournament in December. About 50 students participated from our school! Our competitive team won four games and proceeded to the semi-finals. Our two recreational teams also played really well. One team won 8 out of 9 games! Thank you and congratulations to Mr. Woollacott, who coached our teams.



I can BEE EMPATHETIC

by showing others I understand and relate to their feelings.

This Month's Character Attribute is EMPATHY:

Putting yourself in the shoes of others, imagining how they feel and then supporting them is a great way to show your empathy. Showing true empathy is taking action to help or support someone else.

Character Education Winners for December (Integrity):

Congratulations to December's character Education winners who were acknowledged for showing their great integrity:

Mrs. Bate and Mrs. Farris: Blair S, Sloan A., Caroline B.

Mrs. Woollacott and Ms. Moore: Blakely S., Kailyn W.
Mr. Heuvel: Marty H., Lucas M.
Mrs. Sheppard: Emily S., Duke A.
Mrs. Moncrieff: Brayden G., Scarlett A.
Mrs. Caravaggio: Lilly N., Tobin C.
Mr. Woollacott: Nick M., Olivia S.

IMPORTANT UPCOMING DATES:

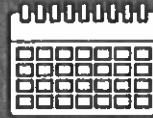
Wed., Jan. 8 School Council 6:00 p.m. (Library)
Wed., Jan 15 The Berenstain Bears Show JK-Gr.4 (Gym
2:00 p.m.)
Tue., Jan. 21 Think Outside Activity Day for Grades JK-
Gr.6
Wed., Jan. 29 The Kindness Program with Janet Hughes
and her Service Dog (All Classes will have a
visit.)
Fri., Jan. 31 **P.A. Day – No school**
Wed., Feb. 12 Lockdown Practice Drill with Police Present
Wed., Feb. 12 School Council Mtg. 6:00 p.m. (Library)
Fri. Feb.14 Valentine’s Day! (Wear Red, White and
Pink) and NCPS Dance-A-Thon
Fri. Feb. 14 Term 1 Report Cards Go Home
Mon. Feb. 17 Family Day Holiday – No school
Wed. Feb. 26 Pink Shirt day for Bullying Prevention





LUNCH MADE EASY

A 5-STEP PROCESS



1

LOG ON TO
WWW.LUNCHBOX
ORDERS.COM

2

SELECT YOUR
CHILD(REN)'S
SCHOOL

3

CLICK
'ORDER NOW'
TO VIEW THE
SCHOOL'S
LUNCH
CALENDAR

4

ADD LUNCHES
TO YOUR
CART AND
PROCESS
PAYMENT

5

SIT BACK
AND
RELAX.

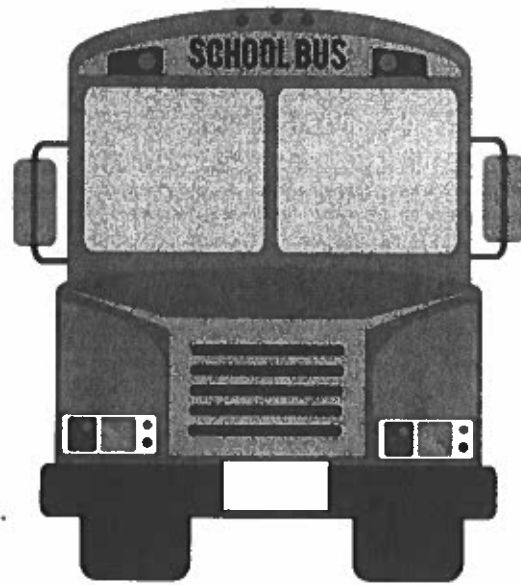


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INCLEMENT WEATHER INFORMATION

BUS CANCELLATION or SCHOOL CLOSURE

If buses are cancelled due to inclement weather,
or if there is a school closure,
LUNCHES WILL BE CANCELLED
and rescheduled to another school day.

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January 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day	2	3	4
5	6 School's Back	7 Day 2 Lunch Box Lunches	8 School Council Meeting at 6 p.m. – Library	9 Day 4 Lunch Box Lunches	10 Day 5 Lunch Box Lunches	11 Day 1
12	13 Yo Yo's Yogurt	14 Day 3 Lunch Box Lunches	15 JK-Gr. 4 Show 'The Bearenstain Bears' (2:00 p.m. Gym)	16 Day 4 Lunch Box Lunches	17 Day 5 Lunch Box Lunches	18 Day 1
19	20	21 Day 2 Lunch Box Lunches	22 "Think Outside" Gr. JK – Gr. 6 Outdoor Education Fun	23 Day 3 Lunch Box Lunches	24 Day 4 Lunch Box Lunches	25 Day 1
26	27 Yo Yo's Yogurt	28 Day 2 Lunch Box Lunches	29 Day 3	30 Day 4	31 Day 5	P.A. Day No School for students.