



North Cavan Public School  
 2001 County Road #10  
 Cavan, ON LOA 1C0  
<http://northcavan.kprdsb.ca>

School office: (705) 944-5366 School Fax: (705) 944-4013



Principal:	Martin Twiss	<a href="mailto:martin_twiss@kprdsb.ca">martin_twiss@kprdsb.ca</a>
Superintendent:	Peter Mangold	<a href="mailto:peter_mangold@kprdsb.ca">peter_mangold@kprdsb.ca</a>
Trustee:	Angela Lloyd	<a href="mailto:angela_lloyd@kprdsb.ca">angela_lloyd@kprdsb.ca</a>
School Council Chair:	Mary Benson	<a href="mailto:marysemple863@hotmail.com">marysemple863@hotmail.com</a>



## February 2020

### Principal's Message:

February is here and we have some fun things planned for the kids. On February 4<sup>th</sup> we had our school public speaking contest. All of the speeches that day were fantastic. We congratulate all the kids who bravely competed in the gym and especially our finalists who went on to represent our school at the Legion achieving the following results this weekend:

Primary: 1<sup>st</sup> Kate W., 2<sup>nd</sup> Holden M. and 3<sup>rd</sup> Emma M.  
 Junior: 1<sup>st</sup> Elizabeth B., 2<sup>nd</sup> Adelaide C. and 3<sup>rd</sup> Logan G.

Congratulations to Addison D. who also won for our school, but, was not able to compete at the Legion this weekend. The two 1<sup>st</sup> place finishers will go on to compete at the Legion Zone competition later in March. Go Cougars Go!

This week we will be wrapping up the basketball intramural program that ran throughout January thanks to Mr. Woollacott. Our four junior teams will be completing their championship this week with Mr. Twiss.

Due to the Labour dispute this week we will be celebrating Valentine's Day a day early on Thursday, February 13<sup>th</sup>. If your child would like to exchange valentine's etc. this would be the best day to bring them. If you are sending in a treat to share with the class, please remember that our school is a nut free environment.



Our Dance-A-thon day is tentatively moved to Friday, February 21<sup>st</sup>. The theme is kindness and mental wellbeing and students are encouraged to wear red, white and pink that day. This is an important School Council Fundraiser for our school. The student lead OPHEA committee has chosen mental health as their priority health topic for this year so they will be helping each student decorate the gym with a heart displaying a positive message for mental health and kindness.

Wednesday, February 26<sup>th</sup> is Pink Shirt Day when the kids and staff are encouraged to wear pink in support of bullying prevention. It is also our famous 'Pancake Day' sponsored by our Breakfast Club volunteers and School Council. The kids will enjoy pancakes and syrup for free at the first nutrition break. They will need to bring a lunch/snack for their second nutrition break that day.

The school will be closed on Monday, February 17<sup>th</sup> for Family Day. We wish everyone a happy Family Day weekend.

Sincerely,

*Mr. Twiss*

### Kindergarten Registration:

**Kindergarten registration for the 2020 – 2021 school year has begun. If you know someone who has a child to register for September, please encourage them to do so now. We want to make sure that we will have optimal staffing for our Kindergarten's in September and staffing decisions are made soon based on enrolment.**



If your child will be four years old by December 31, 2020 they are eligible for Year 1 Kindergarten. If they are five years old by December 31, 2020 they are eligible for Year 2 Kindergarten.

Please contact the office to register your child and share this news with friends and neighbours who have kindergarten aged children.

Necessary Documents:

- Proof of address (Tax bill, Utility bill etc.)
- Birth Certificate or registration
- Record of immunization

### Pink Shirt Day - February 26<sup>th</sup>

Wednesday, February 26<sup>th</sup> is 'Pink Shirt Day' in support of BULLYING PREVENTION. If we all do our part to treat people well, and be aware of the words and actions that

we choose, we can help reduce or maybe even eliminate bullying!



We encourage all students to wear their pink shirts that day or something else that is pink, if possible.

### **Stay Safe on the Internet**

You can use the link below to explore quick tips and how-to's that explain what you can do to stay safe and secure on the web.

<http://www.google.ca/goodtoknow/>



### **Character Education (FEBRUARY)**

Our character education attribute for February is Fairness: I am sensitive to the needs of individuals. I include others and value their uniqueness. I celebrate diversity. I treat people with the dignity and consideration with which I would like to be treated. I gather as much information as possible in order to make a decision that is just.



### **School Council News and the Dance-A-Thon**

The next North Cavan School Council meeting is on Wed. Feb. 12<sup>th</sup> at 6:00 p.m. in the library.

The School Council is excited about the upcoming Dance-A-Thon. This is an important fund-raiser for the Council so we are hoping kids can seek donations from family members, friends and/or neighbours whom they know well. **Students should not go door-to-door unless an adult is with them for safety reasons please.**

Every student will receive a token prize on the day of the dance. There will be special prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> highest fundraisers. The class that raises the most per capita will win a pizza and ice cream party for the class. In addition, we will be having some great draw prizes

that any fundraiser can win. Every \$10.00 raised, gets a student another entry in the draws. The grand prizes from the draw will be 2 chances to win an Inspire HR Fitbit (We have 2 to give away.) Remember that the Dance-a-Thon will wrap up on Friday, February 21<sup>st</sup>! Students need to bring in their pledge sheets and money that morning to be eligible for the draws which will be made before the end of the school day.

### **Winter Weather**

We are still having some very cold days. Please remember to send your child with appropriate warm clothing, including boots, hat, mitts and snow pants. The sliding hill continues to be very popular when there's snow. The school has some 'Krazy Carpets' that are loaned out (eight at a time) every recess. **Snowball throwing and kicking snow at others** is not permitted at North Cavan for safety reasons. Students caught throwing snowballs or deliberately kicking snow at someone will lose privileges.



### **SAFE SCHOOL INITIATIVES:**

All parents are asked to please check in at the office when you visit the school. If you are picking your child up early please come into the school and sign them out at the office. If your child is being picked up at the end of the day instead of riding the bus please come in to get them and let the office know. There is a clipboard outside the office by the window to sign if your child(ren) are not taking the bus. We don't wish to have children walking through the parking lot for safety reasons.

**Absent Child:** When your child is going to be absent or late, please be sure to call the **Student Absence Reporting System at 1-844-434-8119** or go to [studentabsence.kprdsb.ca](http://studentabsence.kprdsb.ca)



### **Inclement Weather**

Snow Days or Ice Days are still a possibility. If you suspect bus cancellations please listen to any of the local radio stations for updates. Decisions regarding bus cancellations are usually made by 6:00 a.m. If your child's bus is cancelled in the morning it will **NOT** run in the afternoon which means you may have to drive your child to and from school. You can also check [www.stsco.ca](http://www.stsco.ca) and click on the small yellow bus.

## Lunch Box Orders

Please note that hot lunches will be cancelled on Snow Days and moved to the next available school day or parents will receive a credit for another day.

## Good Character Makes a Difference

This month's character trait is **FAIRNESS**

**"LIVE SO THAT WHEN YOUR CHILDREN THINK OF FAIRNESS, CARING AND INTEGRITY, THEY THINK OF YOU."** (H. Jackson Brown Jr.)

At North Cavan we try to help create children of good character by encouraging students to be **responsible, respectful, honest and acting with integrity.**

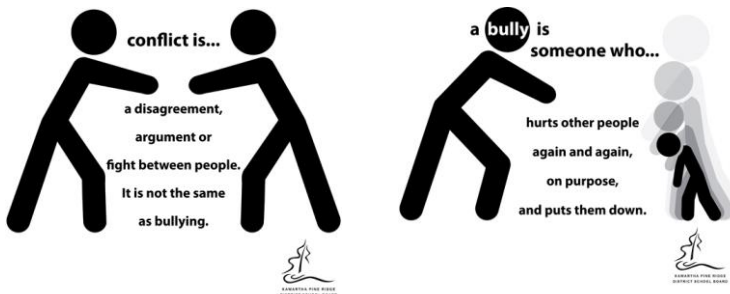
### THINK before you SPEAK

Is it.....

**T** rue  
**H** elpful  
**I** nspiring  
**N** ecessary  
**K** ind

If we all use our words more carefully we'll be less likely to hurt someone with those words.

## Information for parents: Bullying and Conflict:



### **A bully is someone who...hurts people again and again ON PURPOSE**

Not only are bullies persistent, but they intend to cause hurt of some kind by their actions. The Ministry of Education's definition of bullying points out clearly that the bully either knows, or should know, the hurtful effect the behaviour will have on others. The Ministry's definition states:

"The behaviour is intended by the pupil to have the effect of, or the pupil ought to know that the behaviour would be likely to have the effect of:

- causing harm, fear, or distress to another individual, including physical, psychological, social or academic harm to the individual person's reputation or harm to the individual's property; or

- creating a negative environment at a school for another individual."

Sometimes it may be hard to tell whether the harm caused was deliberate. When a bully does not appear to know the effect or understand the impact of the behaviour, it is up to the adults in the bully's life to help teach the bully about the impact of the actions. This is one reason why KPR schools focus on empathy through a variety of day-to-day programs from the time students start Junior Kindergarten, until they graduate. It is also why schools focus on restorative practices in cases where someone has been harmed. With the parents' or guardians' permission, the school can arrange and oversee a safe, structured, restorative conversation in which the bully gets to hear from the student harmed about the hurtful impact the bullying had. Many schools have found the restorative approach can go a long way to stopping the bullying.

If you have concerns that your child or teen is being bullied, please tell us, as soon as possible. Please speak with the teacher, principal or vice-principal, or use our online Report Bullying weblink to let us know, at <http://www.kprschools.ca/students/reportbullying.html>

*From the Kawartha Pine Ridge District School Board*

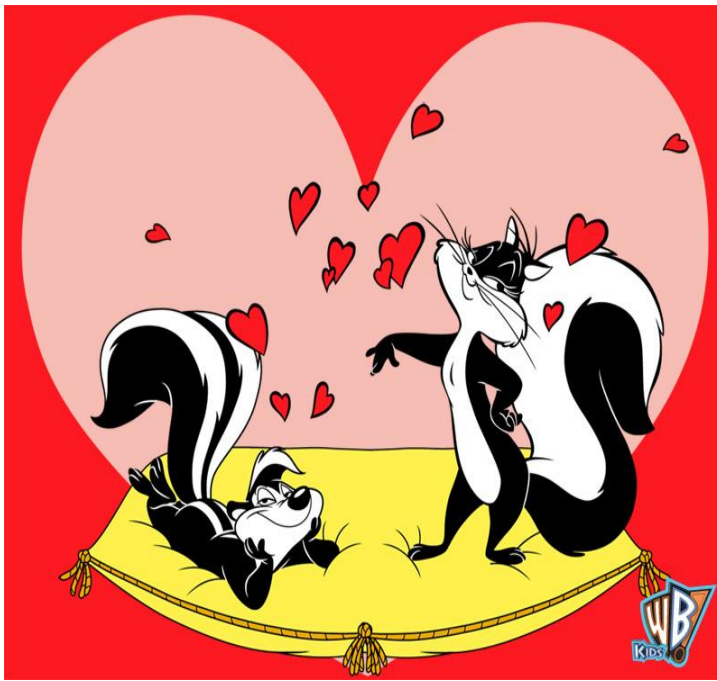


### **NCPS Cougar Basketball:**

Congratulations to all of our Junior Students who participated in the January Intramural Basketball League. The finals should wrap up by February 13<sup>th</sup>!

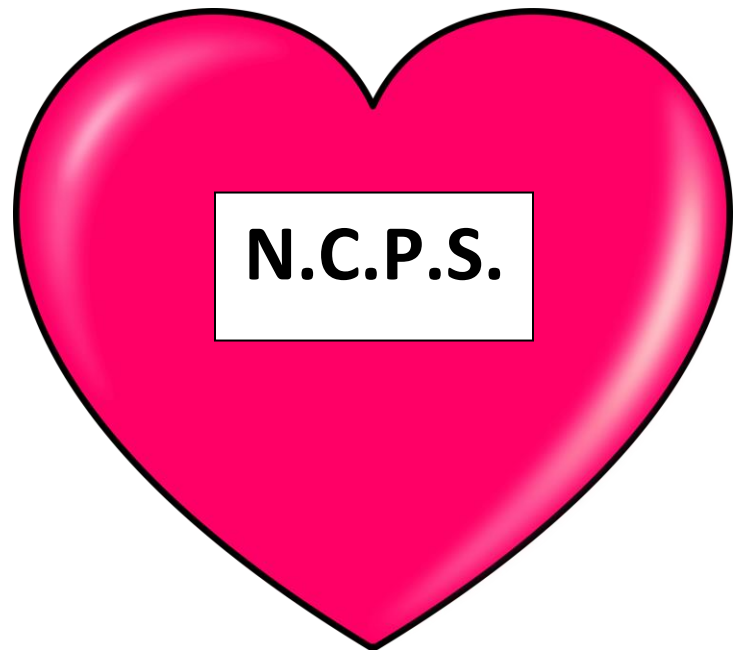
### **IMPORTANT UPCOMING DATES:**

- |                   |  |
|-------------------|--|
| Mon., Feb. 10     | Last Friday's Boston Pizza Lunch will be Served for those who ordered it.                                    |
| Tue., Feb. 11     | <b>Strike Day – No school</b>  |
| Wed., Feb. 12     | School Council Mtg. 6:00 p.m. (Library) Subway Lunch will be served for those who ordered it (from Tuesday). |
| Thur., Feb. 13    | <b>Valentine's Day at NCPS</b><br>Boston Pizza Lunch will be served for those who ordered it.                |
| Fri., Feb. 14     | <b>Strike Day – No school</b>  |
| Mon., Feb. 17     | <b>Family Day Holiday – No school</b>  |
| Fri., Feb. 21     | Dance-A-Thon Day!<br>Pledges and Pledge Forms are due<br>Wear Red, White and/or Pink                         |
| Wed., Mar. 11     | School Council (Library 6:00 p.m.)   |
| Fri., March 13-20 | <b>March Break</b>   |
| Mon., Mar. 23     | School Resumes   |



**PEPE SAYS, "COME  
TO THE NCPS  
DANCE-A-THON  
AND LET'S SHOW  
OUR KINDEST  
MOVES!!"**

**Happy Valentine's Day  
Everyone!**



**N.C.P.S.**