



North Cavan Public School
 2001 County Road #10
 Cavan, ON L0A 1C0
<http://northcavan.kprdsb.ca>



School office: 705-944-5366 School Fax: 705-944-4013

Principal: Jennifer Johnston Jennifer_j_johnston@kprdsb.ca
 Superintendent: Anne Marie Duncan anne_duncan@kprdsb.ca
 Trustee: Angela Lloyd angela_lloyd@kprdsb.ca
 School Council Chair: Mary Benson maryseuple863@hotmail.com

November-December 2021

Dear Parents and Guardians,

As the winter break approaches, we reflect on the beginning of the 2021-2022 school year. While it has been another unprecedented time dealing with protocols and restrictions due to Covid-19. Despite the challenges, our students are engaged, hard-working, inquisitive learners and positive contributors to the incredible North Cavan school community. They are demonstrating perseverance in the face of adversity and adaptability to change. We are happy to share that there are lots of great things happening at North Cavan P.S.

In November, we recognized the ultimate sacrifice of those who served and who continue to serve this great country of ours, who protect our freedom and keep us safe. We gathered together as a whole outside for Remembrance Day with an outdoor ceremony featuring songs and poems. The halls were also filled with beautiful posters and art. Congratulations to all students who submitted poems, paragraphs and posters to the Royal Canadian Legion. Congratulations to the following award winners:

- Elizabeth Benns – 3rd
- Hadley Carr – 1st
- Kaitlyn Dutrisac – 1st, 1st, 2nd
- Alexa Jones – 1st
- Lily Jones – 2nd, 3rd
- Jesse McNevin – 2nd
- Emily Schad – 1st, 2nd
- Madison Wakelin – 2nd
- Lucy Wannamaker – 2nd
- Teegan Welch – 3rd

Students in Grades 4, 5, and 6 have been having fun at recesses building fitness, social skills and physical literacy skills with net wall games. Many students also participated in the after-school fitness club. Thank you to Mr. Woollacott and Mr. Hamel for providing this co-curricular activity for our students.

We are spreading kindness throughout the school and hopefully you are seeing these acts of kindness shared at home too. Each day on the announcements, we share information about the importance of kindness for our mental health and well-being. Teaching kindness has many physical, emotional and mental health benefits, including promoting a sense of belonging and increased feelings of gratitude. Students are noticing and naming acts of kindness, showing gratitude and passing it on. They are invited to thank the person by completing a ticket for our “It’s Cool to Be Kind” bulletin board and have the acts recognized on the announcements. We love to see the smiles being shared and the positivity, optimism and hope growing.

Student leadership is developing in our Grade 5 and 6 students. It is wonderful to see students seeking opportunities to show their leadership skills and spread kindness. Whether it’s facilitating games for kindergarten students at recess, helping with displays, supporting the breakfast program, organizing spirit days, running stations in rugby day, or taking on the role of MC at assemblies, these Grade 5 and 6 students are shining! Keep up the great contributions to NCPS! You are awesome!!

Thank you for taking the time to carefully review Progress Reports and Initial Observations. Your participation in interviews and communications are important and teachers appreciate your involvement.

I would like to thank everyone for the opportunity to be part of the wonderful North Cavan P.S. family. I wish everyone a happy, healthy December as we prepare for winter holidays.

Sincerely,
Jennifer Johnston
 Principal





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Upcoming Dates:

Friday, December 10 – Spirit Day – Wear Fun Socks!
Friday, December 17 – Spirit Day – PJs and Comfy Clothes
- Virtual School Assembly

Important Dates:

Here are some important dates that were approved by our Trustees and the Ministry of Education earlier this year:

Winter Break: Monday, December 21st, to Friday, January 1st

March Break: Friday, March 12th, to Friday, March 19th

Inclement Weather Protocols

Please see attached letter from STSCO. Schools will be open when busses are cancelled. When busses are cancelled in the morning, they are also cancelled in the afternoon. Those who wish to attend and are driven to school must be picked up at 3:35 p.m. dismissal.

NUT FREE North Cavan

North Cavan is a NUT FREE SCHOOL. We have several students with nut allergies at North Cavan. Please read all labels carefully and remove any foods that ‘may contain’ or may have come in contact with nuts so everyone can be safe.



Door Bell System

We have a door bell system at our school. For safety reasons, we ask our students not to open the door. Only adults should open the door. If you are at the front door, kindly push the grey button on the door bell to the left of our front doors and Ms. Nolan or Ms. Johnston will gladly speak to you! For Covid safety, we kindly ask that parents wait outside the front doors when picking up their children. Thank you.

Absent Child

When your child is going to be absent or late, please be sure to call the Student Absence Reporting System at

1-844-434-8119 or go to studentabsence.kprdsb.ca

Pick up and Drop Off

Please remember to wear a mask when on school property. Drop off and Pick up times are busy. Please walk your child directly to the gate at drop off. At pick up times, please refrain from standing in the bus line. We appreciate your help in keeping everyone safe.

North Cavan School Council

Our next School Council meeting will be held on Wednesday, December 8th via WebEx at 6:30 p.m. If you are interested in attending the meeting, please contact Mary Benson, School Council Chairperson.

FlipGive Fundraising

**WANT TO HEAR ABOUT
THE EASIEST
SCHOOL FUNDRAISER?
RAISE MONEY FOR NORTH CAVAN PS**

GROCERY SHOPPING!!

**PURCHASE GIFT CARDS FOR YOUR FAVOURITE STORE
THROUGH FLIPGIVE, PRINT OR SCAN YOUR PHONE IN
STORE TO REDEEM. SHOP AS NORMAL AND A
PERCENTAGE GOES TO NORTH CAVAN.**

SO EASY!

**SIGN UP AT FLIPGIVE.COM OR DOWNLOAD THE APP AND JOIN
NORTH CAVAN PUBLIC SCHOOL'S TEAM!
ONCE SIGNED UP MAKE PURCHASES ONLINE THROUGH THE
APP OR BUY GIFTCARDS!**



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 A GIFT OR FOR YOURSELF THROUGH FLIPGIVE
 PRINT OR SCAN YOUR PHONE IN STORE TO REDEEM AND A
 PERCENTAGE GOES TO NORTH CAVAN.

INDIGO EGIFT CARD GIVES 5%	AMAZON.CA EGIFT CARD GIVES 0.5%	OLD NAVY EGIFT CARD GIVES 2%	TIM HORTON'S EGIFT CARD GIVES 2%
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Hot Lunches

As winter is approaching, it's time to prepare for potential school closures and bus cancellations due to inclement weather.



LUNCHBOX ORDERS

TUESDAYS SUBWAY
 6" Subs \$5
 Gluten Free \$6

THURSDAYS BOSTON PIZZA
 Chicken Fingers \$4
 Pasta or Pizza \$4
 Gluten Free Pasta or Pizza \$4
 Vegan Pizza \$7 and More!

FRIDAYS YOYO YOGURT
 Yogurt or Sorbet \$3

DELIVERY STARTS TUESDAY NOV 9TH (Nov 15th for milk)
 ORDER ONLINE AT WWW.LUNCHBOXORDERS.NET
 ORDERS MUST BE PLACED BY SUNDAY NOON FOR THE FOLLOWING WEEK (MILK ORDERS DUE 2 WEEKS IN ADVANCE)
 CREATE AN ACCOUNT AND ADD YOUR STUDENT(S)
 BUS CANCELLATIONS- CANCELLED ORDERS & REFUND WITHIN 3 DAYS

Breakfast for Learning Program

School Council has been supporting our breakfast program and each week our grocery shoppers order supplies for the program. Every Friday two volunteers come in to sanitize the bins, wash the fruit and reload the bins with non-perishable food for the following week. It is no small task as we are feeding approximately 190 students per day. The breakfast options include a variety of individually packed items or individually served items, such as crackers, granola bars, apples, oranges, bananas, carrots, cereal, and apple sauce. Protein options such as cheese and yogurt are also available throughout the week. **We thank our volunteers, the Breakfast for Learning Program and President's Choice for helping fund and operate our breakfast program.** *If you are interested in supporting the Breakfast program as a volunteer or with donations, please contact the school.*

2020-2021 Yearbooks

The 2020-2021 yearbooks have been completed and sent home to families that ordered them. Thank you Mary Benson for all your work in producing this memory of the school year.

Criminal Record Checks

As per KPR policy all volunteers must have a current criminal record check on file at the school before working with any students. This includes School Council, Breakfast Club etc. You can pick up the necessary paper work from the office then take it to the Peterborough Police Headquarters on Water St. The charge for a police check this year is \$10.00 with a letter from the school. It usually takes approximately 2 weeks to complete.





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Illness Protocol

As students begin to experience cold and flu-like symptoms this fall, we want to remind everyone of the key points of our Illness Protocol, based on evolving guidance from our local Public Health partners. Key points include:

- Most importantly, in the event of student illness, families **must** contact their health care provider or a COVID Assessment Centre for guidance and follow their recommendations.
- If testing is recommended, children must stay home from school until the test result is received.
- If the test result is negative for COVID-19, but the child still has symptoms of illness, they should stay home until symptom-free for 24 hours (or 48 hours in the case of vomiting or diarrhea).
- If the test result is positive for COVID-19, Public Health will be in regular contact and will inform families when children can return to school.

Additional COVID Resources

It is critical to screen ourselves every morning for possible symptoms of COVID-19. Students and staff who feel unwell should remain at home, even if their symptoms seem as minor as a mild cold.

For daily screening, simply use Ontario's online self-screening tool at <https://covid-19.ontario.ca/school-screening/> or print it from <https://covid-19.ontario.ca/covid19-cms-assets/2020->

[10/Screening%20Children%20v1.0%202020-10-01%20FINAL%20EN%20AODA.pdf](#)

We also encourage you to download the Government of Canada's COVID Alert app, which can let people know of possible exposures to COVID before any symptoms appear. That app is available at no charge at <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/covid-alert.html>

Lost and Found

We have a large number of items in the lost and found. Please peruse the pictures on Edsby to see if you recognize any of the items that may belong to your child. Students have had an opportunity to walk past the items that were placed on tables. All items were checked for name labels. These items do not have names. Items will be available until January 21. After this time they will be donated to a charity.

