



Dear Parents/Guardians,

Thursday September 8. 2022

We are excited to be able to proceed with our annual, amazing Terry Fox run this year!

We know that this is a charitable cause that is very close to the hearts of the staff, students and parents in the North Cavan community.

We have scheduled Friday September 23 for this event.

Once again, we will be asking parents (if possible) to sponsor their child or children for doing laps of the school. Our hope is that students set personal goals such as attempting to run the number of laps related to their Grade – with JK, SK and Grade 1s all doing one lap. (A single lap of our school yard is about 800 m.) Therefore, Grade 3s would attempt three laps, and 6s six laps, etc. Students could be sponsored on the “Donate” page linked below for a set amount/lap. Our training for Terry Fox also helps with our fitness levels in the Junior Grades for upcoming Cross Country and Soccer meets.

***New this year: Contributions will be restricted to online donations. Please go to the link below and on the North Cavan page, click on “Donate” to electronically donate money to our school. This money can be specified to the student of your choice and will be automatically totalled for a whole-school amount*

<https://schools.terryfox.ca/NorthCavanPSCavan>

If you have any questions or concerns, please contact Mr. Hamel at the school (944-5366 or by email mark_hamel@kprdsb.ca)

Sincerely,
The North Cavan Staff