



North Cavan Public School
2001 County Road #10,
Cavan, Ontario

<http://northcavan.kprdsb.ca>

School office: 705-944-5366 School Fax: 705-944-4013



Principal: Martin Twiss martin_twiss@kprdsb.ca
Superintendent: Peter Mangold peter_mangold@kprdsb.ca
Trustee: Angela Lloyd angela_lloyd@kprdsb.ca
School Council Chairs: Mary Benson marysemple863@hotmail.com

September 2016

Principal's Message



Dear Parent(s) and/or Guardian(s),

Yesterday was my first day as your new principal at North Cavan P.S. I have to say that I am very impressed with this school. The students made me feel very welcome as I visited classes and the staff has been very welcoming and helpful. I have met several of the School Council members already and I am in awe of all of the things they do to support the students and staff at our school. Mr. Sinclair and I met several times to discuss school matters and to make sure that there was a transfer of knowledge so that I can continue many of the excellent programs and learning opportunities we provide our students.

Everyone speaks highly of Mr. Sinclair and they are grateful for all the good work he has done to support and improve our school over the past five years. We wish Mr. Sinclair every happiness in his retirement and we invite him to come back and visit us whenever he gets a chance!

I have worked in education now for the past 25 years as a teacher, a vice-principal, a principal and as a Superintendent. I have previously served as the Principal of Havelock and Belmont P.S., Norwood District High School and Keith Wightman P.S. For four years I served as a Superintendent of Education as well.

I live in Peterborough with my wife Lorena and my seven year old daughter Kaleigh. Lorena is the Vice-principal at Westmount P.S. and my daughter Kaleigh is excited to be attending school in grade 2!

I have been enjoying speaking with parents as they visit the school or drop their kids off in the morning this week. I hope that everyone feels comfortable enough to say hi to me in the yard or when they visit the school. I believe in open communication and I look forward to getting to know all of you over time. Please know that you can call me at the school or come in and see me if you wish to

discuss a concern about your child. It is probably best to book an appointment so that I can make sure I am available when you come.

By continuing a strong partnership between students, staff, our parent(s)/guardian(s) and our wider community, we can all look forward to maintaining a school that is safe and inclusive where everyone continues to learn and have fun!

Sincerely,

Martin Twiss
Principal

NUT FREE SCHOOL:

We have students with nut allergies at North Cavan, therefore, we ask that you refrain from sending any foods that contain any sort of nuts. For those who enjoy Peanut Butter a very safe and acceptable alternative is *'Wow Butter'*. Please include a label so the teacher knows it is 'Wow Butter'. Thank you for your cooperation in keeping our kids safe.



THE NORTH CAVAN COMMUNITY:

By definition community means 'a social, religious, occupational, educational or other group sharing common characteristics or interests and perceived or perceiving itself as distinct in some respect from the larger society in which it exists'



We are all fortunate to be a part of the beautiful **North Cavan Community**. Our first assembly on Wednesday emphasized that all of us, from JK to Grade 6, staff, parents & siblings, volunteers and bus drivers are members of this positive, strong, growing community.

A strong emphasis and focus this year will be on maintaining and promoting the values that support a positive community and keeping a school that is safe, learning and fun!

Before & After School Childcare:

This year Child Care is again offered at North Cavan. We would like to welcome Loretta Shaughnessy who is the new Child Care supervisor for our school. If you're interested in taking advantage of this service or if you have questions please contact Stephanie Mazzocca at Compass Early Learning and Care at 705-749-3488 or at schoolage@compasselc.com



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North Cavan School Council:

Please see the attached School Council information pamphlet to learn more about the Council and how you can become involved.

All are welcome to attend the first gathering of interested School Council parents on Wednesday September 14, 2016 at 6:30pm in the school library.

Stay connected with events and/or see how you can volunteer on our Facebook page.

Search "North Cavan PS Volunteers" on Facebook and request to join this closed group.



The North Cavan Staff

JK/SK (20) - Mrs. McGrattan, ECE - Mrs. McLean
JK/SK (21) - Mrs. Maxwell, ECE - Ms. Moore
Gr. 1 (18) - Mr. Heuvel
Gr. 2 (19) - Mrs. McRae
Gr. 3/4 (21) - Mrs. Moncrieff
Gr. 4/5 (22) - Mrs. Caravaggio
Gr. 5/6 (25) - Mr. Woollacott
Librarian, Special Education Resource Teacher (SERT) - Ms. Mitchell-Agar
Educational Assistant (EA) - Ms. Lavalette
Secretary - Ms. Nolan
Caretaker - Mrs. Caban

School Bell Times:

8:55 Busses arrive (yard supervision begins)
9:10 Entry bell – Instructional block (100 min.)
10:50 Nutrition (Lunch) break (20 min.)
11:10 Recess (20 min.)
11:30 Instructional block (100 min.)
1:10 Nutrition break (20 min.)
1:30 Recess (20 min.)
1:50 Instructional block (100 min.)
3:30 Dismissal for bus.



Communication:

Frequent & open communication is an excellent way to keep everyone aware of school events. There are many options open to you to communicate with the North Cavan staff. You're welcome to **visit or phone** the school at any time. If you get the school answering machine please leave a message. You can **e-mail** anyone of the staff and they will reply promptly. (E-mail addresses are provided at the end of this newsletter.) The school will communicate with you in a variety of ways;



monthly newsletters at the beginning of the month, **group phone messages**. These are usually reminders & updates for the entire school. If you suspect that you're not receiving the messages please contact Mr. Twiss.

Group e-mail – We periodically send out group e-mails to those parents who have agreed to let us contact them this way. If you're not sure if you checked this box on the blue information sheets please contact Mr. Twiss. Likewise, if you receive a group e-mail and you don't wish to receive these please let the school know.



2016-17 Fridge Calendars

Every school in KPR will receive enough fridge calendars to provide one for each family and staff member. Printing must be delayed as we await the Board's decision on who will be our new trustee, by the end of this month. You can expect to receive your calendars at some point during the second week of school.

2016 KPR Parent Conference – Minds Matter @ KPR

Saturday, October 15
8:30 a.m.-1:30 p.m.

Cobourg Collegiate Institute, Cobourg

Keynote Speaker: Dr. Ian Manion, Life's Tough But So Are You:

Building Resilient Kids Who Bounce Back from Problems

Plus Choice of Workshops, Displays by Community Agencies, Free Child Minding & Refreshments

Safe School Initiatives:

All parents are asked to please check in at the office when you visit the school. If you are picking your child up early please come into the school and sign them out at the office. If your child is being picked up at the end of the day instead of riding the bus please come in to get them and let the office know. We don't wish to have children walking through the parking lot.

***Absent Child:** please phone the Safe Arrival Program at (705-944-5366 ext. 40) every day that your child is absent. Please state your child's name, teacher and the



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reason for the absence. Messages are checked against attendance. If there is a student absent without a message we will phone home.

***Notes:** you can write notes regarding upcoming absences (appointments, holidays) in your child's agenda. The teacher will relay this information to the office.

Fire Drill & Lock Down Drill:

In order to be prepared for emergencies at North Cavan the students and staff will take part in 6 fire drills and 2 lock down drills over the school year.

Criminal Record Checks

As per KPR policy all volunteers must have a current criminal record check on file at the school before working with any students. This includes School Council, Breakfast Club and all school trips. I would strongly recommend that parents have a criminal record check completed in September so you are covered for the year. If you wait until just before a trip/event it likely won't be back in time.



You need to pick up a 'Vulnerable Sector Search' letter from the school office then take this to the Peterborough City Police Department on Water Street with 2 forms of identification. These can be any form of government issued ID. (driver's license, Health Card, passport, Birth certificate)

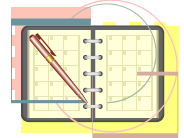
Pupil Information forms: (Student verification)

These forms went home on Tuesday with all students. Please complete and or check all of the pages of the Student Verification forms. This information is entered into our student data base and it's vital that it be accurate. If something changes through the year please let the office know. Please return the forms as soon as possible.

****Twitter**** there's a new box to check off in this information package it's the **TWITTER** box. North Cavan is on twitter. We will post Tweets over the course of the year to share some of the cool, interesting and exciting things that are happening in our building. We will only post photos of students that have parent's permission. To view twitter posts you can follow North Cavan or log onto the North Cavan website.

Student Agendas:

Grade 1 – 6 students have each received a North Cavan student Agenda at a cost of \$5.00 each. The agenda is an excellent way to improve organization skills and time management. It is also an easy way to maintain communication between the home and school. Please take the time to review the school information at the front of the agenda and review it with your children regularly.



Cell Phones at School:

There should not be any need for students to have cell phones at school. However if they require one for after school, the phone should stay in the nap sack out of sight for the entire day including the bus trip. Mobile devices can only be used in class with the teacher's permission. Contact with home should be done using the office phone.



Technology at School:

Students should not be bringing ipods or gaming devices to use at school UNLESS their teacher has requested or approved it being at school. Music devices on the bus with 'ear buds' are acceptable to make the trip easier.



Dress Code:

Please remember that clothing at school should be modest and comfortable. All clothing should cover the torso from the shoulders to the mid-thigh. Shoulder straps should be 2 fingers wide and shorts need to be mid-thigh length.



School Picture Day:

Edge Imaging Photography will be at North Cavan on **Monday, September 12th** to take individual and class photos. All photos will be done in the morning starting with the youngest children. If your child is sick that day you may bring them in for their picture then take them home. There will also be a **re-take day on Tuesday, October 25th**. Grade 6 grad photos will be taken in the spring.



Breakfast Club

The North Cavan Breakfast Club is looking forward to another year of preparing our students to be ready to learn. With the support of staff, parents and community members of North





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Cavan School and the surrounding area, we are all making a valuable contribution, which helps strengthen our school environment. Our program will begin very soon. If you're interested in learning more about the program or joining our team please contact Robynne Chapman at 705-917-2479 or drtijk@gmail.ca

Breakfast club will begin on Monday, September 19th.

Pizza Lunch:

Thursday Pizza lunches will begin soon once the School Council has a chance to organize everything.



Milk & Juice orders:

We will provide both Chocolate milk & juice to those who wish to place an order. Please look for this on the Hot lunch order form with the pizza order.



Indoor shoes: (no crocs as indoor shoes please)

All students are required to have indoor shoes for in school travel and for Phys. Ed. classes. Some of the fall team practices and events will take place outside. The students will be allowed to use their indoor gym shoes for these outdoor school related activities if they do not own a pair of appropriate gym shoes for outside.



School Bus:

All of the North Cavan students ride a bus to and from school on a total of 4 busses. The busses usually leave the school at 3:40pm. If for any reason they are late leaving we will try to contact you by phone to let you know. If your child is late arriving home please call the school and we will try to help solve the problem.



All students are expected to remain seated on the bus, use an inside voice, no eating or drinking and follow the driver's instructions. If your child misbehaves on the bus they could receive a bus report. Depending upon the severity or the frequency, your child could lose their bus privileges. The student's receive bus safety training twice each year.

North Cavan Busses:

'Frog bus' Rt. 675 Phoenix - Edward Saunders
'Moose bus' Rt. 658 STC – Diane Martin
'Buffalo Bus' Rt. 677 STC – Len Sheehan
'Lady Bug bus' Rt. 676 STC - Debbie Harris

Character Education:

At North Cavan we are committed to academic achievement as well as personal, social life skills and citizenship. Character education is one vehicle we use for providing a well-rounded education. It is important to know how to read, write, perform math functions and be critical thinkers, but it is also important to be able to function within a community and be respectful of others. KPRDSB emphasizes 10 character traits which are highlighted throughout the year. They are:

- | | |
|----------------|--------------|
| Respect | Fairness |
| Responsibility | Initiative |
| Courage | Perseverance |
| Integrity | Honesty |
| Empathy | Optimism |

For the month of September we are focussing on RESPECT.

"RESPECT IS A TWO WAY STREET. IF YOU WANT TO GET IT, YOU HAVE TO GIVE IT"

R.G. Risch

Sports:

The Junior students will soon be starting tryouts and practices for the North Cavan mixed soccer team and the Cross Country team. The Junior Soccer tournament day is Thursday, September 15th at Beavermeade. Mr. Woollacott and Mr. Hamel have started team tryouts and practices.



AAACS Points:

Last year was year 2 for AAACS at North Cavan. The grade 4 – 6 students will continue to have the opportunity to earn AAACS points this year. AAACS stands for **A**cademics, **A**rts, **A**thletics, **C**lubs & **S**ervices. Points are earned by taking part in school events and activities, being a good citizen, working academically and treating others in our community well. By taking part in school life, school events and activities children will develop a stronger bond with their school and be more motivated to work hard, take part and do well. This is very similar to the Point System that James Strath has had in place for many years. The AAACS point system is updated and modified each year to reflect some suggestions made by staff, parents and the activities that were offered in that school year. The grade 4-6 students will receive their updated AAACS tracking forms shortly.



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Important School Dates:

Mon. Sept. 12 - Student & Class Picture Day, 9:10 am
Wed. Sept. 14 - First School Council meeting, 6:30 pm
See attached information brochure
Thurs. Sept. 15 – Jr. Mixed Soccer at Beavermeade
Thurs. Sept. 22 – Open House 5:00 – 7:00 pm
Thurs. Sept. 29 – North Cavan Terry Fox Run
Fri. Sept. 30 – PA Day, No School

Public Skating at the Cavan Monaghan Community Centre

Public Skating (open to all ages)



Commencing Tuesday, September 27
Cost: \$2.00 per person (including HST)
Tuesdays: 3:30 p.m. – 5:00 p.m.
Thursdays: 3:30 p.m. – 5:00 p.m.
Sundays: 1:00 p.m. – 2:30 p.m.

The use of CSA Approved helmets designed for ice skating are strongly recommended.

Important Local Community Dates:

Sat. Sept. 24 – Cavan Hills Run

E-mail Addresses

Mr. Twiss: martin_twiss@kprdsb.ca
Ms. Nolan: patricia_nolan@kprdsb.ca
Mrs. McGrattan: margaret_mcGrattan@kprdsb.ca
Mrs. McLean: tara_mclean@kprdsb.ca
Mrs. Maxwell: elizabeth_maxwell@kprdsb.ca
Mrs. Moore: carrie_moore@kprdsb.ca
Mr. Hamel: mark_hamel@kprdsb.ca
Mr. Heuvel: gary_heuvel@kprdsb.ca
Mrs. Martin-McRae: julie_martinmcræ@kprdsb.ca
Mrs. Moncrieff: brenda_moncrieff@kprdsb.ca
Mrs. Caravaggio: pamela_caravaggio@kprdsb.ca
Mr. Woollacott: kevin_woollacott@kprdsb.ca
Ms. Mitchell-Agar: joanne_mitchellagar@kprdsb.ca
Ms. Lavalette: lori_lavalette@kprdsb.ca
Mrs. Caban: angela_caban@kprdsb.ca